



In working with pastors and leaders around the world, the Corpus team has identified resilience as the core competency necessary for a pastor to successfully lead a church. Whether

it is in the regular course of leading a church or through church revitalization or church replanting, pastors must demonstrate a higher level of resilience than ever before as they navigate the current culture and the climate of change.

The *Leader Resilience Assessment (LRA)* is designed to assess a pastor's innate level of resilience, and the coaching process is designed to enhance their level of resilience. The assessment is built on the nine fruits of the Spirit grouped into three clusters representing: Spiritual Vitality, Relational Tenacity, and Personal Stability.

Church revitalization or replanting is one of the hardest tasks a pastor will ever undertake and requires skill and character to endure cultural shifts, resistance to change, and vision adoption. The *Leader Resilience Certification* utilizes the *LRA*, in addition to the *Emotional Experiential Audit*, the *Saboteur Index*, and the *Pastoral Transition Indicator* to help pastors grow and develop into resilient leaders.

Dr. Rob Peters

ENDORSEMENTS

Serving as a pastor requires a vital connection with Jesus, a sensitivity to the leadership of God, and the possession of the fruit of the Spirit. Absent these, pastors are reduced to serving in their own power and wisdom. Many experience this joylessness that comes from this type of ministry. Understanding how this happens, and more importantly what to do when this happens, creates the opportunity for the return of meaningful ministry and lasting joy. The *Corpus Leader Resilience Assessment and Coaching* diagnoses, encourages and equips pastors to experience fulfilling and fruitful ministry.

Bob Bickford,
Associate Director of Replant
The North American Mission Board

As pastors and network leaders encounter the complexities and spiritual warfare that comes with revitalization, they must have intentional, well-informed spiritual and emotional support that is biblically-rooted. Dr. Rob Peters and the Corpus team provide the best toolkit and support for effective assessment and coaching that is available to the church today.

Dr. Scott Foshie
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Leader Resilience
Assessment
&
Coaching
Certification

GIVING LIFE TO THE BODY OF CHRIST

RESILIENCE COACHING RESOURCES

Emotional Experiential Audit

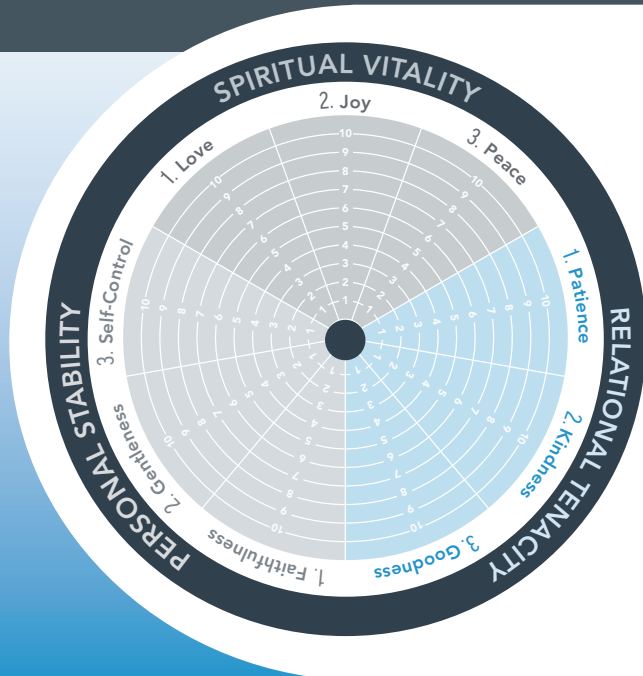
ON A PASTOR'S JOURNEY to becoming more resilient, it is important to process emotions and experiences in a healthy way. The *Emotional Experiential Audit* is a tool to help the pastor identify both positive and negative feelings and emotions encountered in real time so that they can be dealt with quickly, biblically, and positively. Revisiting those experiences with the support and guidance of the coach and reflecting on the emotions, people, stories, accomplishments, disappointments and hurts attached to those experiences enables the pastor to grow and mature through the church revitalization.

Saboteur Index

Jesus, in Matthew 23, masterfully teaches his disciples how to deal with those who are not acting in goodwill and who are trying to sabotage God's work. Jesus demonstrates biblical wisdom as he identifies the differing motives of those seeking to distract, to discourage, to distort, to discredit, to delay, to defeat or to destroy. These seven D's in the *Saboteur Index* will help the coach gain understanding and insight into the challenges the pastor is facing in the revitalization process.

Pastoral Transition Indicator

How do you know if revitalization is no longer possible in the church you are leading? How do you know if you can no longer lead the revitalization work? The *Pastoral Transition Indicator* helps the pastor and coach assess the current status of the revitalization process. Possible challenges or common scenarios in the revitalization process are scored to uncover both the number of issues the pastor and church may be facing as well as the level of intensity of those issues. This resource is helpful when faced with the possibility of walking away from the revitalization effort.



Leader Resilience Assessment (LRA)

The nine fruits identified in Galatians 5:22–23 describe the natural characteristics of maturity that every Christian can experience, but they are particularly relevant for pastors seeking to lead their church through the sustained effort needed for church revitalization or church replanting.

These nine fruits of the Spirit can be categorized into clusters of three:

- 1 SPIRITUAL VITALITY** *Love, joy, and peace* relate to a person's relationship with God.
- 2 RELATIONAL TENACITY** *Patience, kindness, and goodness* relate to a person's relationships with others.
- 3 PERSONAL STABILITY** *Faithfulness, gentleness, and self-control* relate to personal health and consistency.

The *LRA* helps the pastor take an honest look at these areas of fruitfulness in their life. Strengths and struggles are identified by scoring statements on a questionnaire. The questionnaire results are then visually represented on a circular graph to be evaluated and used as a starting point in developing a coaching plan for growth in resiliency. The *LRA* takes a self assessment and 360° approach.